

# Cynthia Janet Brown, DNS, RN, AHN-BC, CNE, NBC-HWC | Curriculum Vitae

cynthiab@westga.edu

Revised February 2024

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## EDUCATION

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Post-Doctoral Clinical Research Fellowship, Complementary & Alternative Therapies	University of Virginia School of Nursing
DNS, Nursing	Florida Atlantic University
MS, Nursing	Florida Atlantic University
BSN, Nursing	University of Southern Maine
Diploma, Nursing	New England Deaconess Hospital School of Nursing

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## LICENSURE AND CERTIFICATION

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2021	Meditation and Mindfulness Teacher Training Certificate, International Mindfulness and Meditation Alliance (IMMA)
2019-Present	National Board-Certified Health & Wellness Coach (NBC-HWC)
2012-Present	Georgia RN222867 eNLC
2014-Present	Certified Nurse Educator (CNE)
2009-Present	Board Certified Advanced Holistic Nurse (AHN-BC)
2000-Present	BLS for Healthcare Providers
2014-Present	Certified Quality Matters Reviewer
2012-Present	Certified UWG Online Course Instructor
2009-Present	Prepare for Surgery, Heal Faster
2008-Present	Interactive Guided Imagery
2007-Present	Reiki Master Certification

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## PROFESSIONAL EXPERIENCE: UNIVERSITY

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2022-Present	Professor, Tenured, Nursing	University of West Georgia, Carrollton, GA
2018-Present	Qualitative Research Consultant	Tanner Health System, School of Nursing University of West Georgia, Carrollton, GA
2018-2020	Center for Teaching and Learning Faculty Fellow	University of West Georgia, Carrollton, GA
2017-2022	Associate Professor, Tenured, Nursing	University of West Georgia, Carrollton, GA
2012-2016	Assistant Professor, Nursing	University of West Georgia, Carrollton, GA
2012	Adjunct Professor, Nursing	South University, Richmond, VA
2010-2018	Online Visiting Assistant Professor, Nursing MSN Program	Chamberlain University, Downers Grove, IL
2009-2010	Program Director/Professor, Master of Arts	The Graduate Institute, Bethany, CT
2004-2006	Adjunct Professor, Nursing	Florida Atlantic University, Boca Raton, FL
2003-2004	Instructor, Nursing	Florida Atlantic University, Boca Raton, FL
2002-2003	Visiting Assistant Professor, Nursing	Florida Atlantic University, Boca Raton, FL
2001-2002	Teaching Assistant, Nursing	Florida Atlantic University, Boca Raton, FL

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## PROFESSIONAL EXPERIENCE: NURSING PRACTICE

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2010-2012	Registered Nurse, Community Educator, Hospice Care	Medi Home Health and Hospice, Charlottesville, VA
2010	Nursing Supervisor, Registered Nurse,	T&L Home Companions

2006-2009	Home Care Clinical Research, Associate/Post-Doctoral Fellow	Palmyra, VA University of Virginia School of Nursing, Charlottesville, VA
2000-2002	Registered Nurse in Patient Unit, Nurse Educator	Hospice by the Sea, Boca Raton, FL
1999-2000	Registered Nurse	Sedgewood Commons Falmouth, ME
Prior to 1999	Available upon request	

## TEACHING RESPONSIBILITIES

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### University of West Georgia, Tanner Health System School of Nursing

2012-Present	Online and didactic instruction in RN-BSN, MSN, and EdD programs <ul style="list-style-type: none"> <li>● NURS 6101 Nursing Theory</li> <li>● NURS 6104 Scholarly Inquiry and Data Analysis in Nursing</li> <li>● NURS 4504 Nursing Research and Evidence Based Practice for RNs</li> <li>● NURS 6900 Scholarly Writing</li> <li>● NURS 6105 Leadership for Quality and Safety</li> <li>● NURS 6989 Evidence-Based Project</li> <li>● NURS 6116 Leading Human Resource Systems</li> <li>● NURS 6109 Informatics</li> <li>● NURS 6010 Perspectives on Caring in Nursing</li> <li>● NURS 9015 Dissertation</li> <li>● NURS 9014 Directed Readings</li> <li>● NURS 9003 Principles of Qualitative Inquiry: Design and Methods</li> <li>● NURS 9010 Nursing Research Seminar</li> <li>● NURS 9005 Nursing Theory in Nursing Education</li> <li>● NURS 9016 Distance Education in Nursing</li> <li>● NURS 9019 Comprehensive Exam</li> </ul>
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### South University

2012	Didactic instruction in BSN program <ul style="list-style-type: none"> <li>● NURS 3036 Nursing Research</li> <li>● NURS 3001 Nursing Fundamentals</li> </ul>
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### Chamberlain University

2010-2018	Online adjunct instruction in MSN program <ul style="list-style-type: none"> <li>● NR500 Foundational Concepts and Applications (2014-2018)</li> <li>● NR505 Advanced Research (2010-2014)</li> <li>● NR501 Theoretical Basis (2010)</li> </ul>
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### Florida Atlantic University School of Nursing

2002-2006	Didactic and Clinical instruction in BSN program <ul style="list-style-type: none"> <li>● NUR 4757 Nursing Situations: Home, Hospice and Palliative Care</li> <li>● NUR 4749 Nursing Situation: Long Term Care</li> <li>● NUR 4748 Nursing Situation: Rehab Settings</li> <li>● NUR 4199 Caring for Self</li> <li>● NUR 4193 Spiritual Caring</li> <li>● NUR 4936 Nursing Practice Leadership</li> </ul>
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### Dissertation Committee Work

Quillen, T. *Academic progression for licensed practical nurses: A qualitative descriptive study*. EdD in Nursing, University of West Georgia, EdD in Nursing Projected Graduation: Spring, 2024. Role: Chair.

Herring, T. *Academic nurse educator's use of exam and item analysis*. EdD in Nursing,

- University of West Georgia, EdD in Nursing Projected Graduation: Fall, 2023 Role: Committee Member.
- Caffrey, S. *Implicit biases and influencing factors of prelicensure nursing faculty regarding English-as-additional-language prelicensure students*. EdD in Nursing, University of West Georgia, EdD in Nursing Graduated: Spring, 2023 Role: Committee Member.
- Hesser, L. *The experience of prelicensure nursing students with a learning disability in the clinical learning environment*. EdD in Nursing, University of West Georgia, EdD in Nursing Graduated: Fall, 2022 Role: Chair.
- Boyer, T. *The lived experience of Asian baccalaureate nursing students in the United States*. EdD in Nursing, University of West Georgia, EdD in Nursing Graduated: Spring, 2021 Role: Committee Member.
- Butts, P. *Clinical evaluation in pre-licensure baccalaureate nursing programs: A qualitative descriptive study*. EdD in Nursing, University of West Georgia, EdD in Nursing Graduated: Fall, 2020 Role: Committee Member.
- Hendrix, K. *Exploring the phenomena of developing and implementing new baccalaureate nursing education programs in rural, faith-based institutions*. Graduated: Spring, 2020 Role: Chair.
- Phillips, L. *Leadership traits of academic deans of nursing: A qualitative descriptive study*. EdD in Nursing University of West Georgia, Graduated 2019, Role: Committee Member.
- Capponi, N. *CNA Status as an admission criterion for undergraduate nursing students: A comparative case study*. EdD in Nursing, University of West Georgia, Graduated Spring, 2019, Role: Chair.
- Clement, S. *Doctoral nursing graduates lived experience of virtual mentoring: A phenomenological study*. EdD in Nursing University of West Georgia, Graduated Spring, 2019, Role: Committee Member.
- Patterson, L. *Achieving success in pre-licensure registered nursing programs: An explanatory case study of African American males*. EdD in Nursing, University of West Georgia, Graduated: Fall, 2019 Role: Chair.
- Bellflowers, L. *The effect of peer support, faculty support, and social support on the persistence of research-focused doctoral nursing students*. EdD in Nursing University of West Georgia, Graduated Spring, 2018, Role: Committee Member.
- Blankenship, S.M. *Senior baccalaureate nursing students' expectations and actual experiences of transitioning to professional practice*. EdD in Nursing, University of West Georgia, Graduated Spring, 2017, Role: Chair.
- Sandberg, M. *Faculty perceptions of domestic service learning in nursing education*. EdD in Nursing, University of West Georgia, Graduated Spring, 2017, Role: Committee Member.
- Dyar, K. *Male combat veterans in pre-licensure baccalaureate nursing programs: A phenomenological exploration*. EdD in Nursing, University of West Georgia, Graduated Fall, 2017, Role: Chair.
- Santiago, E. *The lived experience of registered nurse preceptor participation in a blended preceptor course*. EdD in Nursing University of West Georgia, Graduated Spring, 2017, Role: Chair.
- Derico, S. *Lived experience of successful English as a second language (EAL) nursing graduate*. EdD in Nursing, University of West Georgia, Graduated Fall, 2016, Role: Committee Member.

## PUBLICATIONS

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### Referred Journals

- Collins, S., Shaw, T., Al-Asfour, A., McKinnies, J., McKinnies, R., Nash, J., & **Brown, C.J.** (2024). Exploring depersonalization as Self-Reported by U.S. nursing professionals: A study of nursing burnout using the MBI-HSS(MP). Submitted for review. *Journal of Patient Safety*.
- Tubongbanua, A. R., **Brown, C.J.**, Dyar, K., & Locsin, R. (2023) Cocreating caring with technological competency as caring in nursing in the Anthropocene era. *The International Journal for Human Caring*. 27 (3).
- Capponi, N., & **Brown, C.** (2021). Non-academic admission criterion of CNA status for undergraduate nursing programs: A comparative case study. *Journal of Professional Nursing*. Epub  
DOI: [10.1016/j.profnurs.2021.07.021](https://doi.org/10.1016/j.profnurs.2021.07.021)
- Santiago, E., **Brown, C.**, Mahmoud, R., & Carlisle, J. (2020). Hermeneutic phenomenological human science research method in clinical practice settings: An integrative literature review. *Nurse Education in Practice*, 47.  
<https://doi.org/10.1016/j.nepr.2020.102837>
- Dyar, K., & **Brown, C.** (2019). Focused on the objective: Experience of male combat veterans in BSN programs. *International Journal of Nursing Education Scholarship*, 16(1). <https://doi.org/10.1515/ijnes-2018-0021>
- Brown, C. J.**, & Bar, B. (2019). Student perspectives of self-care in an online Master of Science in nursing course. *Nursing Education Perspectives*, 40(3), 168–170. doi: 10.1097/01.NEP.0000000000000402
- Brown, C. J.** & Wilson, C. (2016). Making a difference in graduate education: Online caring groups and caring connections. *Journal of Holistic Nursing*, 34(4). <http://jhn.sagepub.com>
- Taylor, A., Snyder, A., Anderson, J., **Brown, C.**, Densmore, J., & Bourguignon, C. (2014). Gentle massage improves disease- and treatment-related symptoms in patients with AML. *Journal of Clinical Trials*, 4(2). doi: 10.4172/2167-0870.1000161
- Brown, C. J.**, Bishop, M., & Bar, B. (2013). Creating and sustaining peace within for the journey of nursing leadership. *Nursing Administration Quarterly*, 37(4), E1–7. doi: 10.1097/01.NAQ.0000434947.57388.b3
- Alexander, G. K., Innes, K., **Brown, C. J.**, Kulbok, P., Bourguignon, C., Bovbjerg, V., & Taylor, A. G. (2010). “I could move mountains”: Adults with or at risk for Type 2 diabetes reflect on their experiences with yoga practice. *Diabetes Educator*, 36, 965–975.
- Innes, K., Selfe, T., **Brown, C.**, Rose, K., & Thompson-Heisterman, A. (2012). The effects of meditation on perceived stress and related indices of psychological status and sympathetic activation in persons with Alzheimer’s Disease and their caregivers: A pilot study. *Evidence-Based Complementary and Alternative Medicine (eCAM)*. <http://dx.doi.org/10.1155.2012/927509>
- Alexander, G. K., Innes, K., Selfe, T., & **Brown, C.** (2013). “More than I expected”: Perceived benefits of yoga practice. *Complementary Therapies in Medicine*, 21(1), 14–28. doi: 10.1016/j.ctim.2012.11.001
- Brown, C.** (2007). Create better communication. *American Nurse Today*, 2(6), 50–51.  
<https://americannursetoday.com/create-better-communications/>
- Brown, C.** (2006). Promoting self-caring and healing in your work environment. *American Nurse Today*, 1(3), 54–55.  
<https://americannursetoday.com/promoting-self-caring-and-healing-in-your-work-environment/>
- Touhy, T., Strews, W., & **Brown, C.** (2005). Expressions of caring as lived by nursing home staff, residents, and families. *International Journal for Human Caring*, 9(3), 31–37.
- Touhy, T. A., **Brown, C.**, & Smith, C. (2005). Spiritual caring: End of life in a nursing home. *Journal of Gerontological Nursing*, 31(9), 27–35. doi: 10.3928/0098-9134-20050901-07

### Invited Publications in Books, Journals, Magazines or Newspapers

- Brown, C., & Volkert, D.** (2018). Online doctoral programs: A call for caring educators. In L. Hyatt & S. Allen (Eds.) *Advancing doctoral leadership education*. Edward Elgar Publishing.
- Schwarzkopf, R., **Brown, C.**, Silkin, R., Toby-Harris, L., Torres, M., & Voss, D. (2007). Caring for self: Promoting personal wellness for nursing leaders in the hospital environment. *Nurse Leader*, 5(5), 34–37. doi: <http://dx.doi.org/10.1016/j.mnl.2007.07.010>

### Doctoral Dissertation

- Brown, C. J.** (2006) *Caring for self for nursing leaders: Climbing to the mountain peak* [Doctoral dissertation, Florida Atlantic University]. Florida Atlantic Digital Archive. [https://fau.digital.flvc.org/islandora/object/fau%3A9109/datastream/OBJ/view/Caring\\_for\\_self\\_for\\_nursing\\_leaders\\_\\_Climbing\\_to\\_the\\_mountain\\_peak.pdf](https://fau.digital.flvc.org/islandora/object/fau%3A9109/datastream/OBJ/view/Caring_for_self_for_nursing_leaders__Climbing_to_the_mountain_peak.pdf)

### Recordings/Videos

- Brown, C.** (2019). *The Need and Value of Self Care for Healthcare Professionals*. Sage Publishing. <http://dx.doi.org/10.4135/9781529727005>
- Brown, C.** (2008). *The Effects of Meditation on Perceived Stress and Related Indices of Psychological Status and Sympathetic Activation in Persons with Alzheimer's Disease and their Caregivers: A Pilot Study* [Compact Disc].
- Brown, C., & Dalton, T.** (2004). *Caring for Self: Positive Thoughts and Uplifting Music* [Compact Disc]. <https://open.spotify.com/artist/5Mto2qeqPrUY3k707uKzaa>

### Published Peer Reviewed Conference Proceeding Abstracts

- Brown, C. J., Mugayitoglu, B., Carbonara, D., & Cumbie, S.** (2017). *Not just group work: Engaging students in online asynchronous collaborative learning* [Abstract]. Conference on Higher Education Pedagogy, Blacksburg, VA. [https://chep.teaching.vt.edu/content/dam/chep\\_teaching\\_vt\\_edu/CHEP\\_2017\\_Proceedings-1.pdf](https://chep.teaching.vt.edu/content/dam/chep_teaching_vt_edu/CHEP_2017_Proceedings-1.pdf)
- Brown, C. J., Mugayitoglu, B., Carbonara, D., & Cumbie, S.** (2016). *E-portfolio: A celebration of learning* [Abstract]. Conference on Higher Education Pedagogy, Blacksburg, VA. [https://chep.teaching.vt.edu/content/dam/chep\\_teaching\\_vt\\_edu/CHEP\\_2016\\_Proceedings-1.pdf](https://chep.teaching.vt.edu/content/dam/chep_teaching_vt_edu/CHEP_2016_Proceedings-1.pdf)
- Brown, C. J., & Cumbie, S.** (2015). *Promoting student communities in the online education setting* [Abstract]. Conference on Higher Education Pedagogy, Blacksburg, VA. [https://chep.teaching.vt.edu/content/dam/chep\\_teaching\\_vt\\_edu/2015ConferenceProceedings.pdf](https://chep.teaching.vt.edu/content/dam/chep_teaching_vt_edu/2015ConferenceProceedings.pdf)
- Brown, C. J., et al.** (2013). Caring connections in doctoral education: Embracing the magic along the way. *International Journal for Human Caring*, 17(2), 52.
- Brown, C. J., Bishop, M., & Bar, B.** (2013). Creating and sustaining peace within for the journey of self-care for nurses: An experiential podium presentation. *International Journal for Human Caring*, 17(3), 53.
- Brown, C.** (2006). Nursing leaders: The lived experience of caring for self. *International Journal for Human Caring*, 10(2), 23.
- Brown, C.** (2005). Caring for self: An action research model. *International Journal for Human Caring*, 9(2), 2.

## GRANTS AND FUNDING

### Grants

- Brown, C.** and Jordan, C. (2023). *Implementing self-care, wellbeing, and resilience for faculty and staff in a university setting*. American Holistic Nurses Association. \$3,000
- Berding, C., Bishop, M., **Brown, C. J.**, Mason-Barber, L., & Welsh, S. (2016). *Perceptions of students and faculty of the organizational climate for caring in a nursing program based on a caring curriculum*. UWG faculty grant. Funded: \$3,500.
- Brown, C. J.**, Cumbie, S, & Bar, B. (2015). *Practice grant: Implementing institutional self-care activities*. AHNA. Not funded.
- Ware, L., & Welsh, S., Contributors: Bishop, M., **Brown, C. J.**, Byrne, M., & Cumbie, S. (2014). *Georgia Board of Regents Faculty Grant*. Funded: \$567,380.
- Brown, C. J.** (2013). *Caring in an online master's course*. UWG faculty grant. Funded: \$8,530.
- Brown, C. J.**, & Chase, S. (2005). *Caring for self for nursing leaders: Climbing to the mountain peak*. Sigma Theta Tau Workforce Grant. Not funded.
- ### Research
- Brown, C. J.**, Carlisle, J., & Richter, S. (2015). *Evaluation of a teaching strategy to facilitate online student group work*. University of West Georgia. Not funded.
- Brown, C. J.**, & Cumbie, S. (2015). *E-portfolio: A celebration of learning*. University of West Georgia. Not funded.
- Mahmoud, R., & **Brown, C. J.** (2013). *A qualitative study of nursing students studying abroad in Budapest, Hungary*. University of West Georgia. Not funded.
- Innes, K., Selfe, T., **Brown, C. J.**, et al.(2009). *Perspectives of caregivers on relaxation techniques*. University of Virginia School of Nursing, Center for Nursing Research.
- Innes, K., Selfe, T., **Brown, C.**, Rose, K., & Thompson-Heisterman, A. (2009). *The effects of meditation on perceived stress and related indices of psychology status and sympathetic activation in persons with Alzheimer's disease and their caregivers: A pilot study*. University of Virginia School of Nursing, Center for Nursing Research.
- Innes, K., Selfe, T., **Brown, C. J. et. al.** (2009). *The effects of yoga on insulin sensitivity and related metabolic and psychological indices of cardiovascular risk in older adults with Type 2 diabetes mellitus: An exploratory study*. Office of Research on Women's Health & NCCAM.
- Innes, K., Selfe, T., & **Brown, C. J.** et. al (2009). *Effects of yoga therapy on insulin sensitivity and related indices of cardiovascular risk in healthy postmenopausal women: An exploratory study*. University of Virginia Institute on Aging and the University of Virginia School of Nursing, Center for Nursing Research.
- Brown, C. J.**, & Taylor, A. (2008). *Pilot study evaluating massage therapy in cancer patients undergoing treatment for acute myeloid leukemia*. University of Virginia, Center for the Study of Complementary and Alternative Therapies.
- Taylor, A., **Brown, C. J.**, et al (2008). *Effects of a standardized herbal formula, Sho-saiko-to, in persons infected with Hepatitis C virus*. University of Virginia, Center for the Study of Complementary and Alternative Therapies. Not funded.
- Taylor, A., & **Brown, C. J.** (2008). *Perspectives of persons diagnosed with chronic Hepatitis C virus who have not responded to or have had severe side effects to interferon-based therapy*. University of Virginia, Center for the Study of Complementary and Alternative Therapies. Not funded.
- Brown, C. J.**, & Chase, S. (2004). *Caring for self: An action research model*. Not funded.
- Brown, C. J.**, & Taylor, M. (2003). *Caring for self: Mind, body, and spirit*. Florida League for Nursing.

Touhy, T., & **Brown, C.** (2003). *More alike than different: Caring across culture*. Quantum Foundation, West Palm Beach, FL.

Touhy, T., & **Brown, C.** (2002). *Spirituality and care of dying residents in nursing homes*. American Nurses Foundation.

Touhy, T., & **Brown, C.** (2002). *Creating a caring-based model in a skilled nursing facility*. Quantum Foundation, West Palm Beach, FL.

## PRESENTATIONS

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### Refereed: International, National, Regional or State

#### International

**Brown, C.J.** & Jordan, C. (2024, June). *Implementing self-care, well-being, and resilience for faculty and staff*. [Workshop]. American Holistic Nurses Association Annual Conference. Rochester, MN.

**Brown, C.J.** (2023, June). *Graduate nursing students: Self-care in the online setting*. [Paper presentation]. 9th Annual International Conference on Public Health. Athens, Greece (virtual).

**Brown, C.J.** (2023, May). *Graduate nursing students: Self care in the online setting*. [Paper presentation]. 9th Annual International Conference on Nursing. Athens, Greece

**Brown, C. J.**, (2022). *Caring Peers in the online setting*. [Poster presentation]. National League for Nursing Educational Summit, Las Vegas, NV

Tubongbanua, A. R., **Brown, C.**, Moreno-Lacalle, R. & Locsin, R. (2021). *In the era of the Anthropocene, will technological competency co-create caring in nursing?* [Paper presentation]. 3<sup>rd</sup> Technological as Caring in the Health Sciences 2021, Philippines (virtual).

**Brown, C. J.**, & Santiago, E. (2019). *Bringing nursing theory to life in the online environment* [Poster presentation]. National League for Nursing Educational Summit, National Harbor, MD.

**Brown, C. J.** & Volkert, D. (2019). *Mayeroff's Caring Ingredients: A guide for caring collaboration* [Paper presentation]. 40<sup>th</sup> Annual International Association for Human Caring Conference, Greenville, SC.

**Brown, C. J.**, & Bar, B. (2017). Finding our inner selves [Paper presentation]. 36<sup>th</sup> Annual International Nursing & Midwifery Research and Education Conference, Dublin, Ireland.

**Brown, C. J.**, Mugayitoglu, B., Carbonara, D., & Cumbie, S. (2017). *Not just group work: Engaging students in online asynchronous collaborative learning* [Paper presentation]. Conference on Higher Education Pedagogy, Blacksburg, VA.

**Brown, C. J.**, Carlisle, J., Richter, S., & Caramanica, L. (2017). *Student engagement in an asynchronous online Master of Science in nursing theory course* [Poster presentation]. National League for Nursing Educational Summit, San Diego, CA.

**Brown, C. J.**, Mugayitoglu, B., Carbonara, D., & Cumbie, S. (2016). *E-portfolio: A celebration of learning* [Paper presentation]. Conference on Higher Education Pedagogy, Blacksburg, VA.

**Brown, C. J.**, & Cumbie, S. (2015). Promoting student communities in the online education setting [Paper presentation]. Conference on Higher Education Pedagogy, Blacksburg, VA.

**Brown, C. J.** (2015, September). *Innovative strategies for online learning* [Poster presentation]. National League for Nursing Educational Summit, Las Vegas, NV.

**Brown, C. J.**, & Bar, B. (2015). *Self-care in an online course: Finding our inner selves* [Poster presentation]. 36<sup>th</sup>

Annual International Association for Human Caring, New Orleans, LA.

- Brown, C. J.**, et al. (2013). *Caring connections in doctoral education: Embracing the magic along the way* [Paper presentation]. 34<sup>th</sup> Annual International Association for Human Caring Conference, Orlando, FL.
- Brown, C. J.**, Bishop, M., & Bar, B. (2013). *Creating and sustaining peace within for the journey of self-care for nurses: An experiential podium presentation* [Podium presentation]. 34<sup>th</sup> Annual International Association for Human Caring Conference, Orlando, FL.
- Innes, K. E., Selfe, T. K., **Brown, C. J.**, Rose, K. M., & Thompson-Heisterman, A. (2012, May). *Effects of meditation on perceived stress, mood, sleep, memory, and blood pressure in cognitively impaired adults and their caregivers: A pilot trial* [Poster presentation]. Third IRCIMH Congress, Portland, OR.
- Innes, K. E., Selfe, T. K., **Brown, C. J.**, Ross, K. M., & Thompson-Heisterman, A.A. (2010, October). *Effects of meditation on perceived stress, sleep, mood, and indices of memory function and sympathetic activation in adults with cognitive impairment and their caregivers: An exploratory study* Poster session presented at the International Symposium on Yoga Research.
- Brown, C. J.** (2006). *Nursing leaders: The lived experience of caring for self* [Paper presentation]. International Association for Human Caring, Perth, Australia.
- Brown, C. J.** (2005). *Caring for self: An action research model* [Paper presentation]. International Association for Human Caring, King's Beach, California.
- Brown, C. J.** (2004). *Caring for self: Mind, body, and spirit. An experiential workshop*. International Association for Human Caring, Montreal, Canada.
- National**
- Brown, C.** (2020). *Teaching qualitative research in the online setting: An experiential portfolio* [Paper presentation]. 2020 Teaching Professor Conference (Virtual).
- Brown, C. J.**, & Jowers Ware, L. (2013). *Aesthetic presentation of a concept analysis: An innovative way of knowing and sharing* [Paper presentation]. American Association of Colleges of Nursing, 2013 Master's Education Conference, Orlando, FL.
- Innes, K. E., Selfe, T. K., Alexander, G. K., Taylor, A.G., Bourguignon, C., & **Brown, C.** (2009, April). *Effects of gentle yoga on glycemia and related cardiovascular disease risk factors in adults with type 2 diabetes* [Poster presentation]. National Institutes of Health: Improving the Nation's Health through Behavioral and Social Sciences Research, Congressional Conference, Washington DC.
- Innes, K. E., Selfe, T. K., Alexander, G. K., Taylor, A. G., & **Brown, C.** (2009, April). *Effects of gentle yoga on sleep, blood pressure, and related symptoms in older women with restless legs syndrome* [Poster presentation]. National Institutes of Health: Improving the Nation's Health through Behavioral and Social Sciences Research, Congressional Conference, Washington DC.
- Innes, K. E., Selfe, T. K., Alexander, G. K., Taylor, A.G., **Brown, C.**, Idress, S. (2009, April). *Yoga: A positive approach to change* [Poster presentation]. National Institutes of Health: Improving the Nation's Health through Behavioral and Social Sciences Research, Congressional Conference, Washington DC.
- Touhy, T., Strews, W., & **Brown C.** (2007). *Enhancing long-term care: Hearing the voices of staff and residents* [Poster presentation]. Gerontological Society of America, San Francisco, CA.
- Touhy, T., Strews, W., & **Brown, C.** (2003). *Caring from the heart: Voices of nursing home staff*. Joint Conference of the National Council on the Aging and the American Society on Aging, Chicago, IL.
- Touhy, T., Strews, W., & **Brown, C.** (2002). *Creation of a caring-based model of healthcare delivery in a skilled nursing facility* [Panel presentation]. International Association for Human Caring, Boston, MA.



**Regional**

- Venn, M. & **Brown, C.** (2020). *Interactive strategies for student stress reduction*. Paper accepted. University of Georgia Teaching and Learning Conference, Athens, GA. [Conference canceled]
- Brown, C.** (2020). *Self-care strategies in the high-tech workplace. Self-care strategies in the high-tech workplace* [Paper presentation]. Meaningful Living in a Digital World Conference, Savannah, GA.
- Brown, C.** (2019). *Self-knowledge* [Paper presentation]. Meaningful Living in a Digital World conference, Savannah, GA.
- Brown, C. J., & Ware, L. J.** (2014, April). *Aesthetics in online education* [Poster presentation]. University of Georgia Teaching and Learning Conference, Athens, GA.
- Brown, C., & Ware, L.** (2013, November). *Concept analysis: A creative and reflective pedagogy* [Poster presentation]. Southern Regional Educational Board, Council on Nursing Education Annual Meeting, Atlanta, GA.
- Brown, C., Parker, M., & Chase, S.** (2005). *Caring for self: Mind, body, and spirit*. Southern Nursing Research Society Annual Conference, Atlanta, GA.

**State**

- Brown, C. J.** (2019). *The labyrinth: A tool for growth and relaxation* [Conference session]. University of West Georgia, Innovations in Pedagogy Conference, Carrollton, GA.
- Brown, C. J. & Volkert, D.** (2018). *Caring learning environments in the online setting* [Conference session]. University of West Georgia, Innovations in Pedagogy Conference, Carrollton, GA.
- Berding, C., **Brown, C. J.**, and Richter (2017). *Assessment of student comprehension and understanding of theoretical concepts through aesthetics* [Paper presentation]. University of West Georgia, Innovations in Pedagogy Conference, Carrollton, GA.
- Brown, C. J., & Cumbie, S.** (2016). *E-portfolio: A synthesis of learning* [Paper presentation]. University of West Georgia, Innovations in Pedagogy Conference, Carrollton, GA.
- Brown, C. J., & Cumbie, W.** (2015). *Using online debate to foster active learning and student engagement* [Paper presentation]. University of West Georgia, Innovations in Pedagogy Conference, Carrollton, GA.
- Brown, C. J.** (2014). *Online caring groups and caring connections: Supporting graduate students in the online learning environment* [Conference session]. University of West Georgia, Innovations in Pedagogy Conference, Carrollton, GA.
- Innes, K. E., Selfe, T. K., Alexander, G. K., Taylor, A. G., Idress, S., & Brown, C. (2009, April). *Effects of a gentle yoga program on cardiovascular disease risk in older adults with type 2 diabetes* [Poster presentation]. UVA Institute on Aging Conference, Charlottesville, VA.
- Brown, C.** (2005). *Caring for self: An action research model* [Poster presentation]. Florida Best Practices Symposium, Florida Organization of Nurse Executives, Florida Nurses Association, and Florida Hospital Association, Lake Buena Vista, FL.
- Brown, C.** (2005). *Caring for self: An action research model* [Poster presentation]. Florida Organization of Nurse Executives, West Palm Beach, FL.

**Non-Refereed Presentations: International, National, Regional, State, and Local**

- Bar, B., Bishop, M., & **Brown, C.** (November, 2017) *Lunch and learn: Promotion and tenure*. University of West Georgia THSSON, Carrollton, GA.

- Berding, C., **Brown, C. J.**, and Richter (September, 2017). *Lunch and learn: Assessment of student comprehension and understanding of theoretical concepts through aesthetics*. University of West Georgia, THSSON, Carrollton, GA.
- Brown, C. J.** (2016). *Energy therapies* [Guest lecture]. Department of Psychology, University of West Georgia, Carrollton, GA.
- Brown, C. J.**, & Cumbie, W. (2016). *Using online debate to foster active learning and student engagement* [Paper presentation]. Workshop at the University of West Georgia, Carrollton, GA.
- Brown, C. J.** (2015). *Peace within for the journey of oncology care* [Closing presentation]. United Health Services, 23<sup>rd</sup> Annual Oncology Teaching Day, Oswego, NY.
- Brown, C. J.** (2012). *Guided imagery* [Guest lecture]. Department of Psychology, University of West Georgia, Carrollton, GA.
- Brown, C. J.** (2012). *Caring for self for hospice nurses*. Medi Home Health & Hospice, Charlottesville, Richmond, and Chesapeake, VA.
- Brown, C. J.** (2009). *Caring for self for nurses through guided imagery*. Psychiatric Unit, University of Virginia Medical Center, Charlottesville, VA.
- Brown, C. J.** (2009). *Self-knowledge: A teaching talk*. University of Virginia, Charlottesville, VA.
- Brown, C. J.** (2007). *Hepatitis C: A challenge for patients and families*. Hepatitis C Support Group, Department of Hepatology, University of Virginia, Charlottesville, VA.
- Taylor, A., **Brown, C. J.**, & Dave, J. (2007). *Complementary and alternative medicine*. "Insights" on NPR with host Tom Graham, Virginia.
- Brown, C. J.** (2007). *Self-knowledge* [Paper presentation]. New England Deaconess Hospital School of Nursing, Alumni Meeting, Boston, MA.
- Brown, C. J.** (2006). *Caring for self for nursing leaders: A research presentation* [Paper presentation]. Prince of Songkla University, Hat Yai, Thailand.
- Brown, C. J.** (2006). *Caring for self for nursing leaders: A research presentation* [Paper presentation]. Naresuan University, Phitsanulok, Thailand.
- Brown, C. J.** (2006). *Caring for self: A way to enhance one's strength, commitment, and compassion*. American Holistic Nursing Association, Broward County meeting, Florida.
- Brown, C. J.** (2006). *Caring for self for nurses*. Nurses Week Presentation, Cleveland Clinic, Weston, FL.
- Brown, C. J.** (2006). *Caring for self for hospice nurses*. Nurses Week Presentation, Hospice by the Sea, Boca Raton, FL.
- Brown, C. J.** (2006). *Caring for self: A time for tranquility and relaxation: A one-day workshop*. Delray Medical Center, Delray Beach, FL.
- Brown, C. J.** (2006). *Caring for self for nursing leaders*. Novice Nurse Leader Institute, Florida Atlantic University, Boca Raton, FL.
- Brown, C. J.** (2005). *Caring for self: Watson's ten Caritas Processes in action* [Paper presentation]. Nursing Theory-Based Practice Symposium, American Academy of Nursing Conference and Annual Meeting, Washington, DC.
- Brown, C. J.** (2004, 2005). *Caring for self for parish nurses*. Interfaith Health and Wellness Association, Boynton Beach, FL.

**Brown, C. J.** (2004). *Caring for self*. West Boca Medical Center, Boca Raton, FL.

## HONORS AND AWARDS

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2023	Nominee for Academy of Nursing Education Fellow
2017	Nominee for Nurse of the Year, March of Dimes
2017	Best of the West, Faculty of the Year, University of West Georgia
2016	Values Recognition, "Best of the West" Award
2014-2016	Daisy Faculty Award Nominee
2014	Values Recognition, "Best of the West" Award
2014	Perspective Online Bio, University of West Georgia
2006	Nursing Distinction Award Nomination, Palm Healthcare Foundation
2004	Scholarship Award, Florida League for Nursing
2002	Academic Excellence Award, Christine E. Lynn College of Nursing
1999-2003	Annual Scholarship Award, New England Deaconess Hospital Alumni
2000	Hartley Lord Scholarship, Senior Center at Lower Village

## PROFESSIONAL AFFILIATIONS

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2012-Present	National League for Nursing
2001-Present	American Nurses Association
2000-Present	American Holistic Nurses Association
2000-Present	Sigma Theta Tau International
2000-2015	International Association for Human Caring <ul style="list-style-type: none"> <li>● Board Member 2006-2007</li> </ul>
1998-Present	New England Deaconess Hospital School of Nursing Alumni Association

## INSTITUTIONAL SERVICE

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### University Systems of Georgia

2019-date	USG Well Being Challenge: each semester led interdisciplinary virtual teams: Warrior Wolves
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### University of West Georgia

2021-present	Question, Persuade, Refer (QPR) facilitator training (Suicide Prevention)
2021-present	Integrative Wellness Committee
2020-2021	Electronic P&T Dossier ad hoc committee
2020	Faculty Hearing Committee
2018 2018	Guest Speaker on Self Care at XIDS class
2019-2020	Health Coaching in the Wolf Wellness Center
2019-present	Wellness Champion
2019-2020	Book Group for Faculty/Staff at UWG (2)
2018	Guest Speaker on Self Care at two XIDS class <i>Taming the Brain</i>
2018-2020	Faculty Fellow, Center for Teaching and Learning
2017	Book Group for Faculty/Staff at UWG
2017-2019	Faculty Marshall
2017-2021	Intercollegiate Athletics and University Advancement
2016-2017	Electronic P&T Dossier Task Force
2013-2016	Honors Committee
2016	Book Club Co-Facilitator: Academic Initiatives and Faculty Development
2016	LEAP Fellow
2016-2020	Innovations in Pedagogy Conference Planning Team
2013, 2016	New Faculty Mentor
2014-2015	Library Sub-Committee
2013-2015	A-Day Captain

### School of Nursing Service, Tanner Health System School of Nursing (UWG)

2022-present	MSN Curricula Revision Committee
2022-present	Technology Committee
2019	"Meaningful Monday" online self-care for faculty/staff monthly
2017-present	Promotion and Tenure Committee; Chair (2020-present)

2017-present	Electronic Dossier Lead for THSSON
2017-present	Graduate Programs Committee
2016-present	Caring Groups Champion for MSN Program/Graduate program adhoc lead
2013-2020	<i>Caring Connections</i> , Online blog for enrolled master's students in nursing
2012-2016	Caring for Faculty <ul style="list-style-type: none"> <li>● Chair, 2014-2016</li> </ul>
2014	Guest Speaker, Nurse Scholars
2013-2014	Inter-professional Ad Hoc Committee
2013	Celebration of Graduate Student Research
2012-present	Caring Group Leader: MSN Online Spring Semester
2012-2014	Co-Chair, Ad Hoc Curriculum Committee
2012-2013	Graduate Program Committee Member

### Florida Atlantic University College of Nursing

2002-2003 Committee on Students

## PROFESSIONAL AND COMMUNITY SERVICE

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### Professional Service

External dossier reviewer for promotion and tenure	2023
Data and qualitative research process: Acknowledgement Patterson, L.D., Wheeler, R.M., Edge, N., Daniel, G. (2023). The High School to Higher Education Pipeline Program: A focus on Black male representation in nursing. <i>Journal of Professional Nursing</i> , 47, 15-24. <a href="https://doi.org/10.1016/j.profnurs.2023.03.021">https://doi.org/10.1016/j.profnurs.2023.03.021</a>	
External dossier reviewer for promotion and tenure	2022
Tanner Get Healthy Live Well Coalition	2021
Western Journal of Nursing Research <ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	2021
External Reviewer, Walker & Avant (2019). Theory Construction in Nursing	2019
USG Well Being Challenge: each semester led interdisciplinary virtual teams	2019-present
National League for Nursing, Awards Committee	2018-2021
Tanner Get Healthy, Get Well	2017-2018
Access to Care Think Tank	2017-2018
Nursing Education Perspectives <ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	2017-present
Commission on Collegiate Nursing Education <ul style="list-style-type: none"> <li>● BSN and Higher Nursing Degree, On-Site Evaluator</li> </ul>	2013-2023
International Journal of Nursing Education Scholarship <ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	2016-present
Clinical Journal of Oncology Nursing <ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	2016-present
International Association for Human Caring <ul style="list-style-type: none"> <li>● Conference Abstract Reviewer</li> </ul>	2014-2016
Nightingale Songs: Journal of Art and Aesthetics <ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	2014-present

Wolters Kluwer Health	2013-2015
<ul style="list-style-type: none"> <li>● Book Chapter Review: Nursing Theory</li> </ul>	2017
Journal of Holistic Nursing	2013-present
<ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	
American Nurse Today	2006-2008
<ul style="list-style-type: none"> <li>● Manuscript Reviewer</li> </ul>	
<b>Community Service</b>	
Tanner Health System Get Healthy, Live Well Community Coalition	2016-2018
<ul style="list-style-type: none"> <li>● Committee Member</li> </ul>	
Georgia Nursing Leadership Coalition	2015
<ul style="list-style-type: none"> <li>● Poster Reviewer</li> </ul>	
Tranquility at Kennesaw Mountain Hospice, Kennesaw, GA	2013-2014
<ul style="list-style-type: none"> <li>● Energy Therapy for Caregivers</li> </ul>	
Alzheimer's Association, Arts Fusion, Charlottesville, VA	2012
<ul style="list-style-type: none"> <li>● Guided Imagery for Alzheimer's Residents</li> </ul>	
"Just Rewards", Charlottesville, VA: A Day of Relaxation for Caregivers of Those With Chronic Disease – One-Day Retreat	2010-2011
<ul style="list-style-type: none"> <li>● Co-Chair, 2011</li> <li>● Committee Member, 2010</li> </ul>	
University of Virginia Cancer Center	2008-2010
<ul style="list-style-type: none"> <li>● Referral List for Reiki and Guided Imagery</li> </ul>	
University of Virginia Center for the Study of Complementary and Alternative Therapies	2006-2009
<ul style="list-style-type: none"> <li>● Referral List for Reiki and Guided Imagery</li> </ul>	
University of Virginia Center for the Study of Complementary and Alternative Therapies	2008
<ul style="list-style-type: none"> <li>● Invited consultant for dissertation, qualitative analysis</li> </ul>	
Ohio Nurses (various hospitals), Dayton, Ohio	2008-2009
<ul style="list-style-type: none"> <li>● Invited consultation, <i>Caring for Colleagues</i></li> <li>● Nurses Mentoring Nurses: A pilot research project</li> </ul>	
Prince of Songkla University, Hat Yai, Thailand	2006-2008
<ul style="list-style-type: none"> <li>● Invited consultation for implementation of university course</li> </ul>	
Palm Beach County Coalition for Children	2005
<ul style="list-style-type: none"> <li>● Invited panel member: <i>Bringing Together Professionals, Families, and Communities in a Partnership for Health</i></li> </ul>	

## PROFESSIONAL GROWTH AND DEVELOPMENT

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AACN Leadership Principles and Practices for Academic Nursing Leaders	2023
AACN Ethical Leadership in Nursing Education	2023
AACN Demystifying Emotional Intelligence to Enhance Leadership Impact	2023
NLN Educational Summit	2022
3 <sup>rd</sup> Technological as Caring in the Health Sciences 2021, Philippines	2021
Question, Persuade, Refer (QPR) Training	2021
Meditation and Mindfulness Teacher Training	2021
NLN Educational Summit (Virtual)	2020
NLN Educational Summit	2019

Qualitative Research Summer Intensive, Johnny Saldana	2018
Health Coach Certificate Program, Emory University	2018
Commission on Collegiate Nursing Education Evaluator Re-Training	2018
Quality Matters Update	2018
NLN Educational Summit	2018
Georgia Nursing Leadership Coalition	2018
Sage Publishing: Advancing Methodologies: A Conversation with John Creswell	2017
BlackBoard Consulting Services/UWG Online: Accessibility	2017
AACN: 2017 USPHS IPEC Award: Harnessing the Strength of Interprofessional Teams (Webinar)	2017
Anne Boykin Institute Summer Academy: Interprofessional Partnerships Grounded in Caring Science	2017
AACN CCNE Accreditation: A Dialogue About Expectations for Clinical Practice Experiences (Webinar)	2017
Pi Nu Chapter of Sigma Theta Tau International Honor Society: IOM Report	2017
NLN Educational Summit	2017
NLN Educational Summit	2017
NLN Educational Summit	2016
An EBP Toolkit for Bedside Nurses, Kennesaw State Conference Center	2016
Academic Affairs LEAP Symposium, University of West Georgia	2016
Commission on Collegiate Nursing Education Evaluator Re-Training	2015
NLN Educational Summit	2015
Enlivening and Enriching the Tree of Caring Knowledge	2014
Quality Matters: Peer Reviewer's Course	2014
Quality Matters: Applying the Quality Matters Rubric	2014
Quality Matters: Designing Your Online Course	2013
Certified Nurse Educator CM Prep Course	2013
Celebration of National Nurses Week: Public Health and Health Care Collaboration – Nursing Innovations and Opportunities, Atlanta, GA	2013
An EBP Toolkit for Bedside Nurses, Kennesaw State Conference Center	2013
Introduction to Atlas.ti, Atlas.ti	2013
Consciousness and Intentionality for Caring and Healing, Emory Healthcare	2013
34 <sup>th</sup> International Association for Human Caring Conference	2013
Commission on Collegiate Nursing Education Evaluator Training	2013
Achieve Much More in Less Time with Power Strategies for Academic Work, American Association of Colleges of Nursing webinar	2013
Faculty Development Conference, American Association of Colleges of Nursing	2013
American Association of Colleges of Nursing, Master's Education Conference	2013