

## ABOUT THE MAJOR

The psychology program at the University of West Georgia is unique in that our theoretical roots are in humanistic, transpersonal, and critical psychology. Our courses range from classically humanistic concerns - like the centrality of human subjective experience in psychology, holistic approaches to psychological understanding, human growth and development, and the enhancement of human potential - to contemporary attention to transpersonal and spiritual horizons. Themes such as the meaning of genuine community, sociality, understanding oneself and others, and the myriad ways through which we grow and develop are central to our academic learning environment.

## ABOUT THIS MAP

This program map is intended ONLY as a guide for students to plan their course of study. It does NOT replace any information in the Undergraduate Catalog, which is the official guide for completing degree requirements. Use this map to help plan and guide your experience at UWG, including academic, co-curricular, and discovery opportunities. Everyone's experience is different and activities in this map are suggestions. Always consult with your advisors whenever possible for new opportunities and updates.

### WHERE CAN YOU GO WITH THIS DEGREE?

- Case Worker
- Computer Programmer
- Fundraiser
- Human Resources Manager
- Market Research Analyst
- Public Relations Manager
- Real Estate Agent
- School Faculty
- Technical Writer
- Training or Development Specialist

### ADD A CERTIFICATE

- Advertising
- Ethics
- Human Rights Advocacy
- Juvenile Justice & Rehabilitation
- Social Diversity
- Social Services

# PSYCHOLOGY

*Bachelor of Science*

# 60

CORE CREDIT HOURS

# 31

MAJOR CREDIT HOURS

# 15

MINOR CREDIT HOURS

# 14

ELECTIVE CREDIT HOURS

Visit [westga.edu/program-maps](https://westga.edu/program-maps) for the latest version of this major map.



VISIT WOLFWATCH  
FOR MORE  
INFORMATION.



HAVE A QUESTION?  
CHECK IN WITH  
YOUR ADVISOR!



UNIVERSITY OF WEST GEORGIA

2023-2024

**TERM 1: FALL**

- A1: ENGL 1101** 3 CREDIT HOURS  
English Composition I
- A2: MATH 1401** 3 CREDIT HOURS  
(Recommended) Elementary Statistics
- B2: XIDS 2002** 2 CREDIT HOURS  
(Recommended) First-Year Seminar
- F: PSYC 1101** 3 CREDIT HOURS  
Intro to General Psychology
- E1: HIST 1111 OR 1112** 3 CREDIT HOURS  
World History

- MILESTONES:**
- COMPLETE ENGL 1101 WITH C OR BETTER
  - COMPLETE PSYC 1101 (PRE-REQ FOR MAJOR COURSES)

**TERM 2: SPRING**

- A1: ENGL 1102** 3 CREDIT HOURS  
English Composition II
- F: PSYC 2010** 3 CREDIT HOURS  
Psychology as a Human Science
- E2: HIST 2111 OR 2112** 3 CREDIT HOURS  
World History
- C1: FINE ARTS** 3 CREDIT HOURS
- D1: SCIENCE + LAB** 4 CREDIT HOURS

- MILESTONES:**
- COMPLETE ENGL 1102 WITH C OR BETTER
  - COMPLETION OF 30 CREDIT HOURS BY THE END OF THE SECOND SEMESTER
  - COMPLETION OF AREA A

**14 FALL CREDIT HOURS + 16 SPRING CREDIT HOURS = 30 CREDIT HOURS**

**CRUSH YOUR COURSEWORK**

- Be sure to take PSYC 1101 and 2010 in your first couple of semesters.
- Learn APA formatting and citation standards.
- Consider taking your general education courses early on.

**FIND YOUR PLACE**

- Join Psychology Student Association (PSA) and network with other students.
- Connect with the Center for Academic Success or a SI leader for tutoring and guidance.
- Explore all the other events, clubs, and organizations available to you.

**BROADEN YOUR PERSPECTIVES**

- Explore diversity, equity, and inclusion resources and opportunities across campus.
- Check out the education abroad office.

**CONNECT OFF-CAMPUS**

- Visit Wolves Vote to learn about the voting process and registration.
- Consider volunteering for a campaign or organization in your community.

**TAKE CARE OF YOURSELF**

- Visit the UWG Wellness Hub to find all the resources available to you!
- Visit Health Services.
- Get fit! Visit URec to see all your options.
- Visit the Center for Economic Education and Financial Literacy.

**PAVE YOUR PATH**

- Complete a self-assessment to see what careers and majors are right for you.
- Visit Office of Career and Graduate School Connections.
- Create your profile on Handshake.
- Consider applying for an on-campus job.

**TERM 1: FALL**

- E3: POLS 1101** 3 CREDIT HOURS  
American Government
- B1: ORAL COMMUNICATIONS** 3 CREDIT HOURS
- D1: NON-LAB SCIENCE** 3 CREDIT HOURS
- F: MAJOR COURSE (1)** 3 CREDIT HOURS
- F: MAJOR COURSE (2)** 3 CREDIT HOURS

- MILESTONE:**
- COMPLETION OF AREA C

**TERM 2: SPRING**

- C2: HUMANITIES** 3 CREDIT HOURS
- E4: SOCIAL SCIENCE** 3 CREDIT HOURS
- D2: MATH, SCIENCE, & TECHNOLOGY** 3 CREDIT HOURS
- F: MAJOR COURSE (3)** 3 CREDIT HOURS
- F: MAJOR COURSE (4)** 3 CREDIT HOURS

- MILESTONES:**
- COMPLETION OF CORE AREAS A-E
  - COMPLETION OF 60 CREDIT HOURS BY THE END OF THE SEMESTER

**15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS**

- Additional Information:**
- **F: Major Course (1 & 3):** PHIL 2010 (recommended); PHIL 2030 (recommended); PSYC 1030 (recommended); ART 1201, 2000, 2201, 2202; any 1000-level MUSC; any 2000-level ENGL; any 1000/2000-level ANTH, COMM, CRIM, FREN/SPAN/GRMN/FORL, GEOG, POLS, PSYC, SOCI, THEA, XIDS
  - **F: Major Course (2 & 4):** PSYC 2220 Qualitative Research Methods (recommended); PSYC 2230 Quantitative Research Methods (recommended); PSYC 2003 Statistics in Psychology (recommended); MATH 1401 Introduction to Statistics (recommended); MATH 2063 Introductory Statistics (recommended); POLS 2601; any 1000/2000-level BIOL, CHEM, CISM, MATH, ECON, CS, PHYS

**CRUSH YOUR COURSEWORK**

- Take one of your upper-division major courses each semester to avoid getting overwhelming.
- Build your understanding of research methods and theoretical foundations of psychology.

**FIND YOUR PLACE**

- Consider participating in research studies run by faculty or graduate students.
- Attend the Bill Roll Lecture or the Jim Klee Forum, two annual events sponsored by psychology.
- Attend UWG Scholars' Day.

**BROADEN YOUR PERSPECTIVES**

- In a student organization? Suggest you all complete an implicit bias workshop.
- Consider a study abroad program. Check out students' stories of their experiences.

**CONNECT OFF-CAMPUS**

- Complete an internship in your field.
- Consider a summer or part-time job.
- Ask your department about networking opportunities with alumni.

**TAKE CARE OF YOURSELF**

- Take a fitness class, climb the rock wall, or join an intramural team.
- Consider whether counseling is right for you: take a mental health screening.

**PAVE YOUR PATH**

- Draft your resume and attend a resume blitz.
- Learn about how to network on social media and update your Handshake profile.
- Draft your personal statement.
- Visit the graduate school to find out about graduate programs and admission requirements.

**TERM 1: FALL**

<b>PSYC COURSE</b> (See Below)	<b>4</b> CREDIT HOURS
<b>PSYC COURSE</b> (See Below)	<b>4</b> CREDIT HOURS
<b>MINOR COURSE</b>	<b>3</b> CREDIT HOURS
<b>MINOR COURSE</b>	<b>3</b> CREDIT HOURS

**MILESTONE:**  
 • FOR MINOR, ALL PSYCHOLOGY MAJORS ARE REQUIRED TO COMPLETE A MINOR CONSISTING OF 15-18 HOURS. (PLEASE CONTACT A REPRESENTATIVE FROM THE DEPARTMENT IN WHICH YOU INTEND TO DECLARE YOUR MINOR FOR SPECIFIC DETAILS REGARDING REQUIREMENTS FOR THAT DEPARTMENT'S MINOR)

**TERM 2: SPRING**

<b>PSYC ADVANCED TOPICS</b> (Any PSYC 3000 or 4000 level course)	<b>8/10</b> CREDIT HOURS
<b>MINOR COURSE</b>	<b>3</b> CREDIT HOURS
<b>MINOR COURSE</b>	<b>3</b> CREDIT HOURS

**MILESTONES:**  
 • FOR MINOR, ALL PSYCHOLOGY MAJORS ARE REQUIRED TO COMPLETE A MINOR CONSISTING OF 15-18 HOURS. (PLEASE CONTACT A REPRESENTATIVE FROM THE DEPARTMENT IN WHICH YOU INTEND TO DECLARE YOUR MINOR FOR SPECIFIC DETAILS REGARDING REQUIREMENTS FOR THAT DEPARTMENT'S MINOR)  
 • FOR ADVANCED TOPICS, 19 HOURS OF PSYC COURSES AT OR ABOVE THE 3000 LEVEL (MAY INCLUDE COURSES FROM THE LIST BELOW)

**14 FALL CREDIT HOURS + 15/18 SPRING CREDIT HOURS = 29/32 CREDIT HOURS**

**CRUSH YOUR COURSEWORK**

- Take one of your upper-division major courses each semester to avoid getting overwhelming.
- Build your understanding of research methods and theoretical foundations of psychology.

**FIND YOUR PLACE**

- Consider participating in research studies run by faculty or graduate students.
- Attend the Bill Roll Lecture or the Jim Klee Forum, two annual events sponsored by psychology.
- Attend UWG Scholars' Day.

**BROADEN YOUR PERSPECTIVES**

- In a student organization? Suggest you all complete an implicit bias workshop.
- Consider a study abroad program. Check out students' stories of their experiences.

**CONNECT OFF-CAMPUS**

- Complete an internship in your field.
- Consider a summer or part-time job.
- Ask your department about networking opportunities with alumni.

**TAKE CARE OF YOURSELF**

- Take a fitness class, climb the rock wall, or join an intramural team.
- Consider whether counseling is right for you: take a mental health screening.

**PAVE YOUR PATH**

- Draft your resume and attend a resume blitz.
- Learn about how to network on social media and update your Handshake profile.
- Draft your personal statement.
- Visit the graduate school to find out about graduate programs and admission requirements.

**TERM 1: FALL**

<b>PSYC ADVANCED TOPICS</b> (Any PSYC 3000 or 4000 level course)	<b>8/10</b> CREDIT HOURS
<b>PSYC ADVANCED TOPIC OR MINOR COURSE</b> (Any PSYC 3000 or 4000 level course)	<b>3</b> CREDIT HOURS
<b>MINOR COURSE</b>	<b>3/4</b> CREDIT HOURS

**MILESTONES:**  
 • FOR MINOR, ALL PSYCHOLOGY MAJORS ARE REQUIRED TO COMPLETE A MINOR CONSISTING OF 15-18 HOURS. (PLEASE CONTACT A REPRESENTATIVE FROM THE DEPARTMENT IN WHICH YOU INTEND TO DECLARE YOUR MINOR FOR SPECIFIC DETAILS REGARDING REQUIREMENTS FOR THAT DEPARTMENT'S MINOR)  
 • FOR ADVANCED TOPICS, 19 HOURS OF PSYC COURSES AT OR ABOVE THE 3000 LEVEL (MAY INCLUDE COURSES FROM THE LIST BELOW)

**TERM 2: SPRING**

<b>PSYC 4884</b> Senior Seminar	<b>4</b> CREDIT HOURS
<b>MINOR COURSE</b>	<b>4</b> CREDIT HOURS
<b>GENERAL ELECTIVE</b>	<b>3</b> CREDIT HOURS
<b>GENERAL ELECTIVE</b>	<b>3</b> CREDIT HOURS
<b>GENERAL ELECTIVE</b>	<b>3</b> CREDIT HOURS

**MILESTONE:**  
 • CAPSTONE: PSYC 4884 – INTEGRATIVE SEMINAR (REQUIRED FOR MAJORS ONLY)

**15 FALL CREDIT HOURS + 15 SPRING CREDIT HOURS = 30 CREDIT HOURS**

**Additional Information:**  
 • **Select ONE course from the following list:** PSYC 3010 (Human Growth & Development); PSYC 3150 (Abnormal Psychology); PSYC 3730 (Social Psychology); PSYC 3800 (Psychology of Mind/Body); PSYC 3900 (Personality Theories); PSYC 4000 (Humanistic Psychology); PSYC 4010 (Theories of Psychology); PSYC 4030 (History and Philosophy of Psychology); PSYC 4130 (Eastern and Transpersonal Psychology); PSYC 4350 (Culture and Psychology)

**CRUSH YOUR COURSEWORK**

- Present for or attend SPARC research conference.
- Complete an internship to gain practical experience in the community.
- Use your electives to explore other advanced topics in psychology by taking a PSYC 4085 seminar.
- Be sure to enroll in the Integrative Seminar (PSYC 4884).

**FIND YOUR PLACE**

- Become an SI leader and gain teaching and tutoring skills by helping other psychology students.
- Ask about research opportunities with your favorite Psychology professor.

**BROADEN YOUR PERSPECTIVES**

- Assess your cultural competency.
- Consider working abroad and research visa regulations.
- Explore practices of creating more inclusive careers.

**CONNECT OFF-CAMPUS**

- Ask for advice from professionals in your field of interest.
- Explore career shadowing opportunities.

**TAKE CARE OF YOURSELF**

- Explore a farmer's market for fresh produce.
- Develop a post-graduation exercise plan.
- Explore your loan repayment options and complete your exit counseling.

**PAVE YOUR PATH**

- Request references from professors and supervisors.
- Draft your resume cover letter and personal statement and revise it with career services.
- Attend business fairs and career fairs at UWG and across the state.
- Attend an interview workshop.
- Apply for graduate programs.